



The Banyan
I exist therefore I am

ANNUAL REPORT 2013-14

Vision

"An inclusive and humane world that is capabilities, equity and justice promotive"

Mission

"Enabling access to health and mental health care for persons poor and homeless through comprehensive and creative clinical and social methods and innovations embedded in a well-being paradigm, ensuring an enhanced quality of life - the needs of those who live in the margins are our collective responsibility"



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Message from the Chairman

Innovation and continuous improvement has been and will always be the focus of The Banyan. What started as a passionate initiative, to serve a few destitute mentally-ill women, has grown into an institution that cares for over 200 people at any time in our centre at Mogappair. The next logical step was to take care of those who were treated; but could not be rehabilitated to their homes. To respond to this need, The Banyan developed alternate options for care, at Kovalam. This space offers persons with mental health issues the opportunity to work, live, and have strong support systems within the community.

In 2013, the Rural Mental Health Programme at Kovalam underwent a significant expansion, and began offering mental health outreach services at another panchayat within the Thiruporur block, as a means to increase access to care, and alleviate distress due to mental ill health and other related issues.

The Banyan Academy of Leadership in Mental Health, the sister organization of The Banyan is engaged in research, capacity building and networking within the mental health and development sector. It builds on the learnings from grassroots level field programmes to create active feedback loops that fine-tune service delivery, helps in the creation of innovative and sustainable models of care, and feeds in to policy level analyses. In 2013, BALM initiated

the Institute of Mental Health Social Sciences and Transdisciplinary Research (IMHST), in collaboration with the Tata Institute of Social Sciences (TISS), and Vrije Universiteit (VU), Amsterdam. This institute was conceived to bridge the human resource gap in the mental health and development sectors, by creating a skilled and dynamic workforce that holds responsiveness and empathy as key values.

Our heartfelt thanks goes out to, our partners – Sir Ratan Tata Trust, Navajbai Ratan Tata Trust, Rangoonwala Foundation (India) Trust, and several other corporate donors and philanthropists, without whom, none of this would have been possible.

The passion and dedication of the Managing Trustees, and the enthusiastic staff at The Banyan makes the organization run smoothly, and they are a constant source of creative and innovative ideas to make our vision for mental health care a reality.

On behalf of the members of the board, I would like to assure everyone that we have interesting and exciting times ahead!

A. Sankaranarayanan



Message from the Treasurer

In its second decade of service delivery in mental health care The Banyan has continued to be passionate, creative and the never-say-die attitude of the Founders, the committed and driven team of professionals, and the unconditional support from our many volunteers, supporters and friends, has seen The Banyan grow from a small rented premises and a single service, to several projects and programmes across the city that offer interventions at multiple levels. It gives me a sense of great pleasure and pride to have been witness to this incredible journey that has at every turn remained true to its purpose prioritised the needs of the clients, however large or small, and evolved and innovated approaches accordingly.

Over the last year, we have worked hard to ensure that the Internal Services such as Human Resources, Finance and Administration departments of The Banyan are professionally and smoothly run. We are making bold strides towards ensuring organizational sustainability by pursuing various avenues for funding, be it through Research Grants, Corporate Social Responsibility (CSR) programmes, Institutional Funders or Government schemes. As a Managing

Trustee, I work closely with the heads of these departments to build a strong second line of leadership, and ensure seamless functioning. Strengthening these core organisational support systems will give the team the freedom to expand the scope of work, pursue deeper lines of inquiry into complex problems and ultimately alleviate distress.

At The Banyan, our priority and focus has and always will be towards those we serve, and as a Managing Trustee I would like to extend my heartfelt gratitude to all our Institutional Funders, Supporters and Well-Wishers for always having faith in our work and encouraging us to pursue our goals, owning the cause, and embracing our philosophy of care the same way that we do.

Here's to the next two decades!

Balraj Vasudevan



Message from the Founders

Every time we sit down to recap the highlights of the year gone by, we are amazed by our journey and by the determination, commitment and deep engagement of many of our colleagues, residents, supporters and friends, who make tough targets and ambitious goals seem simple and attainable. This last year, our 20th, was particularly special as we worked on consolidation of our services and development of strategic direction for persons, poor and homeless, living with mental health issues.

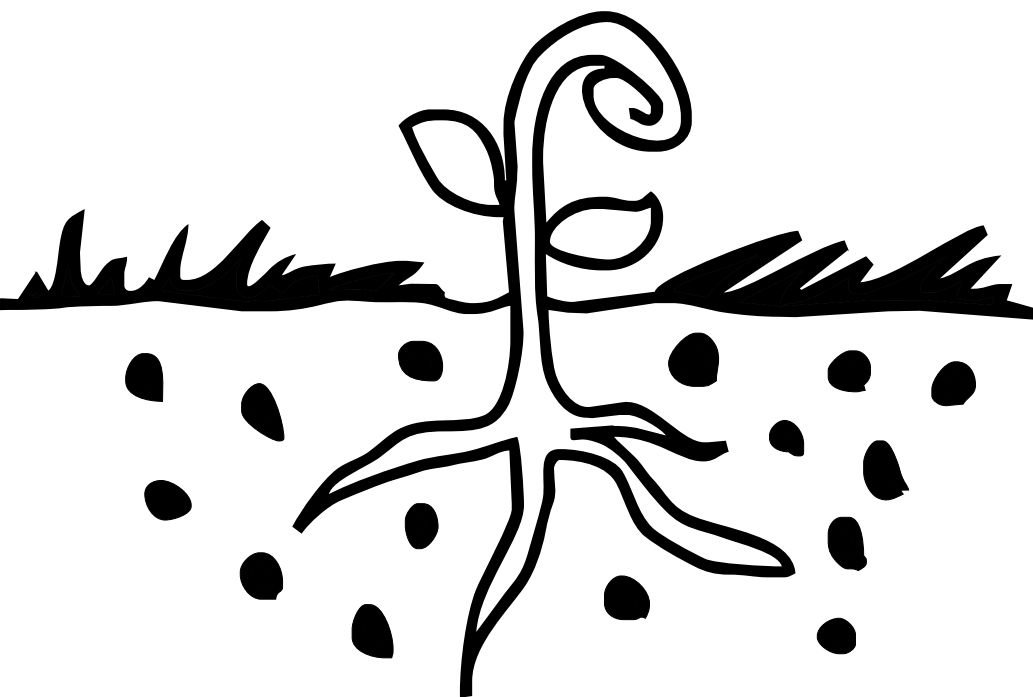
Our services are embedded in a philosophy and culture of user- centricity and promotion of capabilities. This approach has driven our research agenda as well, as we inquire into complex problems around long term care, family burden, human rights, multi- dimensional distress and personal recovery. Living and working with vulnerable groups in a milieu ridden by persistent problems has enabled us build a sense of openness to multiple realities and ambiguities.

It is with a hope of encouraging learning in this real world context that the Institute of Mental Health, Social Science and Trans- disciplinary research was founded in collaboration with the Tata Institute of Social Sciences and Vrije

University, Amsterdam. Today, we take pride in our campus - the hustle and bustle of the students and residents as they live, learn and work, together, in the same campus : inclusion, not just in articulation and philosophy, but in spirit and action. It is our aspiration that this form of constructivism in education and research will help build a gritty, informed, analytic and skilled cadre of human resources, much needed in the health and development sectors.

Between 2014 and 15, we hope to be able to capture some of our robust processes and their impact on distress alleviation and enhancement of quality of life at individual and family levels ; based on two decades of work with more than 5,000 individuals across urban and rural locations through our Transit Care Centre, Rural and Urban Mental Health Programmes and Clinical and Social care services. At the heart of all this work is the individual who despite her vulnerabilities, distress, marginalisation and exclusion, fights back, with a little support, claims her rightful space and urges us at The Banyan in particular, and Society in general to work towards a climate of justice and equity. From these individuals, we draw much of our perspectives and inspiration!

Vandana Gopikumar & Vaishnavi Jayakumar



The Banyan's Adaptive Mental Health Systems Framework

The Banyan began in 1993 as a humanistic response to the needs of homeless women with mental health issues – an invisible group, among the most marginalized populations. Over the last two decades, through in-depth work at the grassroots level, The Banyan's service offering has evolved to follow an Adaptive Mental Health Systems Framework, that allows room for improvement and innovation, to effectively handle evolving client needs.

The comprehensive care model, caters to the needs of marginalised and vulnerable populations across multiple levels - individual, community and governance - At an individual level through tailored care plans with inputs from a multi-disciplinary clinical team following a bio-psycho-social, wellness model; at a community level through outreach clinics across rural and urban sites, with a thrust on social care and promotion of positive help seeking behavior, and finally at a governance level through research, advocacy and partnerships with several government bodies, including the Tamil Nadu State Health Department, Corporation of Chennai and The State Central Prisons Department.

From running one project catering to the needs of a specific population, The Banyan has now reached out to over 5000 people across eight locations both rural and urban, through inpatient and outpatient treatment services, focused social care programmes and assisted living options for those requiring long term care. The Banyan has undergone a paradigm shift in care provision, and now operates through a wellness and development lens, and works to alleviate distress, improve quality of life, promote personal recovery, personal growth and the realisation of individual potential.



ADAIKALAM

Transit Care Hospital

Adaikalam, meaning 'refuge' in Tamil, was conceived in 1993, and marked the beginning of The Banyan's foray into the mental health and social sector. The project has evolved from a two bedroom rented premises offering emergency care and shelter into a full fledged 160 bedded mental hospital - the largest of its kind in the country, offering holistic mental health care services for homeless women with mental health issues. Based on the philosophy of de-institutionalization and unconditional care, Adaikalam extends a cheerful, vibrant and lively environment for residents and visitors alike. Walking in, one can usually expect to be greeted by several happy smiles, greetings and handshakes!

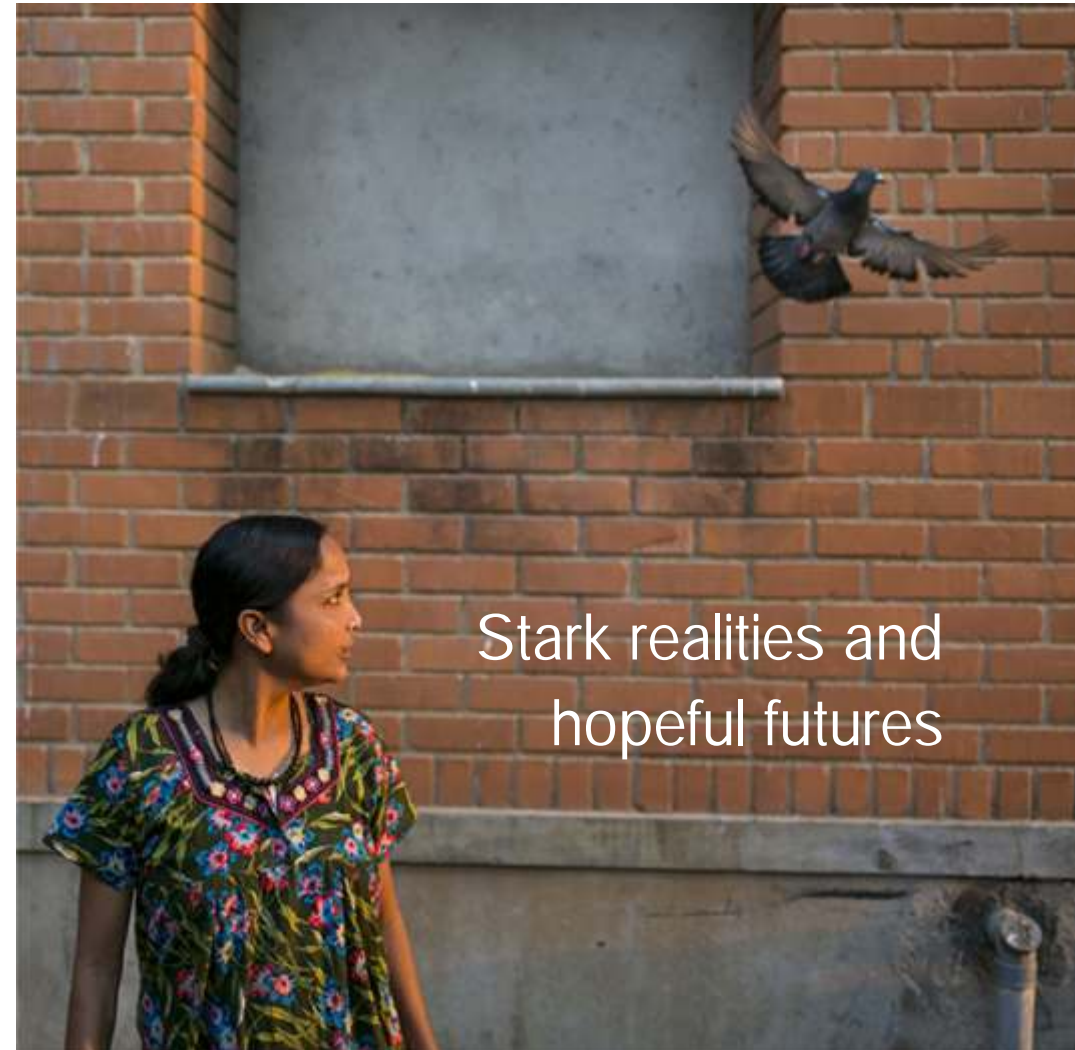
Adaikalam offers a unique model of care, and like all of The Banyan's projects and services, is completely centered around the needs of the client, and designed to ensure the right to care, inclusion, and freedom of choice. It offers a basket of social and clinical care interventions such as pharmacotherapy, case management, eclectic counselling approaches, occupational therapy, vocational training, employment facilitation, disability allowance, and facilitation of government benefits. Interventions are combined as per the individual needs of each client, and planned meticulously by a multidisciplinary team including psychiatrists, psychologists, social workers, and occupational therapists. Over the last two decades over 2000 women have passed through the doors at Adaikalam, of whom 1275 women have been reunited with their families.

Among the rescues, Shanth's stand out in terms of extraordinary circumstances and associated complexities. Alerted by a strong smell emerging from a house occupied by a mother a daughter pair, the building managers of a gated community in Chengalpet attempted to draw the residents out to investigate. When they were refused entry, they brought in the local police who broke down the door and found Shanthi sitting beside her mother's body, which was in an advanced state of decomposition. The police moved to secure all the wealth and jewelry the found in the house and remove the body but were unable to coax her out of the house. They finally settled for leaving her in there the way they found her.

The Banyan became aware of her situation but details were scarce. Expecting to find a destitute woman in need and in shock following her mother's death, the team was uncertain about the mental state of Shanthi until they met with the police and realized there was a high possibility of a mental illness. The team then proceeded to her house and after slowly winning her trust, they were allowed in her house. We found Shanthi in a highly delusional state, believing that her mother was still alive and that the way to reach her was by consuming rotten and contaminated things, including spoilt food and waste and cockroaches. We initially convinced her to come with us to The Banyan but soon a crowd of onlookers gathered and made her withdraw.

We had no option then but to opt for an involuntary rescue as Shanthi was clearly in need of immediate psychiatric and medical attention. But due to police and press involvement, we had to go through several government channels and the bureaucracy delayed us by a day. The following day we returned with a nurse, a sedative, a team from the government department of Social Defense, the regional police including a woman constable and an MO. When we reached however, we found her waiting for us and willing to come

back to Adaikalam where she currently is. Shanthi is has shown great improvement and is recalling details of family members who we are trying to locate. She engages in the vocational training unit, has found a few friends and wished to perform the last rites for her Mother, to place the episode firmly behind her. A photograph of her Mother now offers her solace and continues to assist her as she finds her own space and life.



Stark realities and
hopeful futures

Reuniting Families - The Journey Home

There is never a dull moment at The Banyan, and rehabilitation trips to reunite clients with their families are among the most exciting, satisfying and poignant experiences to be a part of. There have been some very adventurous trips taken by The Banyan team over the years, involving exploring different remote villages in India, travelling unreserved on trains, a complete coincidence of a client returning home on her daughter's wedding day after a long period of homelessness, and even mixing up of village names and ending up at the wrong place! These experiences enrich our lives both personally and professionally and leave us feeling awestruck and humbled by the resilience and grit displayed by our clients and their families.

Last year, The Banyan's coordinator for reintegration, Deepthi and social worker Asha embarked on a life changing reintegration trip for three clients from remote villages close to Nagapattinam. The three clients, Kamalam, Rajakumari and Adhiparasakthi had been residents at The Banyan for quite some time, but were unable to recall specific details regarding the whereabouts of their families. After several vague descriptions during sessions, the re-integration team painstakingly pieced together the various bits of information and arrived at a conclusion.

After consulting with the wide network of partner organisations that The Banyan collaborates with, establishing the location of the families to some degree of certainty, and gaining the client's consent to return home, the re-integration team planned the visit. Deepthi and Asha set off down South with Kamalam, Rajakumari and Adhiparasakthi.

The trip was a success - Deepthi and Asha learned more about Kamalam's and Rajakumari's stories from their families, and both of them were welcomed home with open arms. Adhiparasakthi on the other hand had a happy ending of a different kind. Her entry back into the village was greeted with cold silences and stares from the community, and no one divulged any information. After Deepthi and Asha contacted a wellwisher of The Banyan, running an NGO there, they found that she was the heir to several pieces of property in the area. Her illness had caused her to wander away, and while she was gone, the locals had claimed the properties as their own. Deepthi and Asha assumed that this was the reason for their detachment. Since Adhiparasakthi didn't have any living relatives, the NGO running a home for the aged, agreed to care for her. While not the happy ending that most people may have expected, Adhiparasakthi is still well cared for by the unexpected acts of kindness from people who wish nothing more than to make the world a more humane place to live in.

To sponsor / contribute to a re-integration trip or provide logistics support -
Contact Kamala Easwaran / Deepthi P.V at kamala@thebanyan.org / deepthi.p.v@thebanyan.org



Last year, under the tutelage of The Banyan's new director Dr.K.V.Kishore Kumar, the clinical team began to focus on intensive engagements with clients requiring long term care, to increase chances of recovery and rehabilitation and improve their quality of life. A group of 63 clients, residing at The Banyan for three years or longer without any exit were identified and standardized assessment tools on mental health status, quality of life (QoL) and disability were administered. Results indicated that 45 of these clients could be rehabilitated through targeted interventions. The group was then divided into two to receive two different intervention packages, with one group receiving kinds of behavioural therapies including individual, group, art, occupational, and vocational, and the other moving out of Adaikalam into group homes in the community, receiving different levels of support based on individual needs. While the clients receiving behavioural therapies showed some signs of improvement, those residing in the group homes have shown remarkable improvements in treatment and recovery outcomes, and quality of life. More importantly, the residents report feeling happier, and more peaceful at the group homes. There are now 17 residents living in shared housing within the Mogappair community.

People making a recovery from homelessness and mental health issues make different choices about their future - while some choose to go back to their families, others are unable to return to their families due to resource constraints, and some do not wish to go back at all. The complex nature of issues faced by homeless women with mental illness including multiple deprivations, neglect, abuse, and prolonged duration of illness, makes designing a treatment and recovery programme a very challenging, deep and well thought out process. Approximately 10% of the total no od residents. Clients unable or not wanting to return home, and those concurrently experiencing long term needs have specific care requirements are.

Driving innovations in mental health care



Alternative living spaces – Fostering independence, kinship, and autonomy



The Banyan offers alternate Living spaces in the form of group homes through the Urban and Rural Mental Health Programmes, in Mogappair, Kovalam and Perur. This innovative approach to long term care for persons with mental health issues is as yet, untried in India. The programme consists of houses taken on rent, in local communities, with each house being home to between six-eight clients with different levels of functionality, supported by an in-house Health Care Worker (HCW) from The Banyan. The health care worker acts as a health and wellness coach, who not only assists in activities of daily living when required, but also motivates clients to realise their own subjective notions of wellness and potential.

Several residents from the group homes are employed outside and work across various domains - housekeeping, security, cooking, in garment export companies, and in beauty parlours. Some with a naturally entrepreneurial spirit have created micro enterprises that sell homemade pickles, chutneys, cookies, and batters. This living arrangement provides residents the joy and comfort of being in their own home, and creates strong familial and kinship bonds. It also encourages socialisation, and residents spend more time in the community with several of them having formed fast friendships with some of them having formed fast friendships with local shopkeepers, restaurant owners

and flower vendors! At the Rural Mental Health Programme in Kovalam, residents from the group homes attend weddings, dance recitals, bhajans and other festivals in the community very often.

Living in communities, going out to work, and interacting with different groups of people and situations enable self-awareness and self-confidence for residents. Consequently these interactions will also raise awareness about mental health issues, promote inclusion within communities, and reduce stigma against those with mental illness.

DONOR SPEAK:



"We live to care. Banyan lives to care the challenged women with a spirit to care & cure. My heart values in sharing my time & resource for a heartening cause. A soulful moment of happiness to care. Care to share, live to share."

- Mr. Pradeep Choleyil, Member - Board of Trustees, The Banyan

VOLUNTEER EXPERIENCE:

"I volunteer for The Banyan because I feel that the most powerful asset is the mind. The mind influences every part of one's functioning. And if that tool itself doesn't function properly, then what are you left with? What does it make you? I feel that the person is the most handicapped if his mind doesn't function properly, and I greatly empathise with persons with mental illnesses. Therefore, I try to contribute something". - Sangeetha



Urban Mental Health Programme (UMHP)



The strategic area of focus at The Banyan's UMHP is to combat issues of poverty and access to mental health care by collaborating with different stakeholders and offering mental health outreach clinics at strategic locations across the city, creating diverse and inclusive mental health care spaces.

Through this programme The Banyan has fostered collaborations with several different Government departments including, the Department for the Welfare of the Differently Abled, the Corporation of Chennai, and the Department of Health. at the Loyola College, Chennai is an altogether unique model. It is a partnership with the Department of Social Work, Loyola College to offer weekly mental health clinics within the college premises, and barring the clinical team, the entire operation is overseen by volunteers of The Banyan.

Over the last year the UMHP focused on increasing access to care and sustaining wellbeing, by systematically structuring the programmes and recruiting community link workers. The first step was to develop protocols to strengthen clinical processes and the nature of psycho-social interventions. UMHP took their expansion agenda further by opening new clinics in catchment areas (a mental health OP service was started at the Corporation Clinic in Santhome), increasing the number and intensity of awareness programmes, and by engaging actively with surrounding communities through parallel activities such as youth clubs, skills development programmes, based on The Banyan's well being paradigm of addressing mental health concerns. There has also been a renewed focus on social welfare and employment facilitation in order to ensure that each client benefits from a holistic, multi-interventional treatment plan. The programme in this manner resourcefully creates a synergy between an evolving public health model and the uncompromisable user-centric ethos of The Banyan.

DID YOU KNOW?

Punitha, the co-ordinator at The Banyan's Day-Care Centre that is run in collaboration with the State Resource and Training Centre in K.K Nagar, recently completed her International Diploma in Mental Health and Human Rights offered by the Indian Law Society (Pune) in collaboration with the World Health Organisation (WHO). As an intensely passionate woman, Punitha has always advocated for her clients and their wellbeing, but will now take on a more focused approach, by federating several user-caregiver groups for planned and sustained advocacy, and need-based mode of implementing social and psychological interventions.



Mohan has been a client at the Loyola outpatient clinic since 2012, when he had a sudden onset of an epileptic seizure. He also rapidly developed other psychiatric symptoms and became irritable, angry, had poor impulse control, and had become intolerant. In some time, we came to understand that the preceding years had been terribly challenging and painful for Mohan with his father being incapacitated due to a spinal injury, a failed marriage, followed by another failed relationship attempt. The resulting social pressures, and perceived shame had led him to alcoholism and a suicide attempt. The stress that he underwent during this period compounded the nature of his illness, and the reverse was true as well, with the resulting physiological issues making his mental health concerns more complex. In 2014, when his seizures became more frequent, he had to be admitted into the Government hospital, and was unable to walk for a period of time. Mohan's care plan was meticulously planned by our team to ensure that his physical, psychological and social needs were met. This included interventions for financial assistance, occupational therapy, regular home visits to understand interpersonal dynamics, group therapy, and the facilitation of other Government benefits. Over the last three months Mohan's improvement has been dramatic - he has a renewed energy and vitality, enjoys spending time with his family, and reports being in good spirits!



Creating flexible options for care:

Open Shelter: Public – Private Mental Health Spaces



The open shelter for homeless men with psychosocial disabilities at Dooming Kuppam is located in Santhome, just on the fringe of the fishing hamlet stretching from the Marina beach. It is a bright and peaceful campus, characterised by the presence of 'Naushad' at the front gates with his mobile Sim card vending cart, 'Appu' our four legged therapist, the cries of children from the 'Balwadi', and by the constant buzz of volunteers and members from the community engaged in different activities!

Until recently, The Banyan's inpatient services were focused primarily on

homeless women with mental health concerns. In 2012, equipped with two decades of experience in mental health care practice, The Banyan, with infrastructural support from the Corporation of Chennai and funding support from HCL Technologies Foundation, collaborated to provide care for homeless men with psychosocial disabilities. This strategic decision was made in order to delve deeper into the issue of homelessness. The open shelter is a 30-bed facility, and offers holistic rehabilitative care services such as psychiatric care, counselling, occupational therapy, vocational therapy,

employment facilitation, and reintegration options. In addition the shelter offers services for personal hygiene (bathing and restroom facilities), a clothing bank and a soup kitchen, open to all in the community.

The shelter approaches mental health care in an integrative fashion using the therapeutic community and housing first approach. Services are accessed on one's own volition, and clients are usually encouraged to access them through street engagement initiated by The Banyan and its wide network of volunteers within the Santhome, Mandaveli, Marina Beach, and Mylapore area. With a completely open door policy, the residents at the shelter are free to leave the premises if they so wish to, making it a whole new approach to mental health service delivery, contrary to the notions of a closed institution.

In the last year 17 residents from different places like Bihar, Pradesh, Karnataka and even Sri Lanka were reintegrated with their families.

Over the next few years, The Banyan will be testing the impact of such an intervention on mental health outcomes, quality of life, and disability burden.

The co-location of the shelter with the 'Balwadi' - a government run children's day care centre, is the first step in breaking down barriers within the community, and reducing stigma related to mental health issues. The fact that mothers are comfortable leaving their young children in an environment, that is usually perceived as 'dangerous', and 'unusual' around adults who are thought to be unpredictable and volatile, is a remarkable step forward in shattering the myths surrounding mental health issues, and creating a more inclusive community.



The Banyan's NALAM (or 'Wellness') approach, that aims to alleviate distress by building access to strong social care support systems, was adopted by the shelter in 2013. Through this approach the shelter offers in depth targeted awareness programmes, myriad opportunities for skill development, training, employment and uses youth clubs as a tool to transform local communities. Currently the shelter conducts beautician courses in collaboration with Naturals, cooking lessons, tailoring classes, a computer training centre in collaboration with HCL Technologies Foundation and volunteer run tuition classes for children from the community.

Furthermore a division of The Banyan's vocational training unit is also operational at the shelter and activities include wire basket weaving, and paper bag making. These activities play a key role in increasing the awareness on mental health issues, promoting financial independence amongst residents, creating empowered and skilled youth, and fostering inclusive communities.



Earlier this year, the men at the Shelter were treated to a two-day excursion that included Vandalur Zoo, Mahabalipuram and Kovalam. For a lot of them, it was their first time to these places and the occasion itself was cause for excitement! At Vandalur Zoo they witnessed the dizzying array of birds, monkeys, deer and other wild animals but staff on the field trip noticed that the men enjoyed engaging with each other as much as with the animals! Day two, the group went to Mahabalipuram to take in the beautiful Chola period architecture and cool off on the spectacular beaches. On the way back, they stopped at the Kovalam Health Centre for lunch and tea, where the women played gracious hosts to these 'foreign' male visitors! The men immensely enjoyed these outings-- "it was amazing to see how happy they were!" noted ManouAnselma, an intern at the Shelter-- but at the same time, after an exhausting two days of activities, they were glad to go back into the comfort of their home away from home at Santhome.

To sponsor an outing, a meal, movie tickets or even 'bajjis' from the beach and most importantly spend some time with our residents - contact Kamala Easwaran or Mrinalini Ravi at - kamala@thebanyan.org / mrinalini@thebanyan.org





Inter-project Collaborations

Marimuthu was a bright lad with a promising future, which was cut short when a schoolyard squabble led him to become withdrawn and shut in. He soon sunk into psychosis and became obsessed with watching television. The RMHP team tried several methods such as activity scheduling, home based work etc. but being afraid of his quick temper, his widowed mother was unable to implement any of them. Marimuthu continued to be consumed by television through the day and his mother found herself stuck at home looking after a grown son. Realising that Marimuthu was sorely missing some structure as well as male companionship, the team decided to send him to the Banyan shelter in Santhome. At first he was quite reluctant to go and only agreed on the condition that he would be allowed to watch TV there but over the course of a few months, it has become his favourite place. Every morning, Marimuthu wakes up, gets ready and catches the bus and travels to Santhome entirely on

his own. He now spends his time making medicine covers out of newspaper and conversing with the other men at the shelter. His mother is delighted by this change in her son and the time she now has to spend on herself. Similarly a fantastic singer and performer 'Rocket' Rangarajan from the Urban Mental Health Programme also had a significant improvement in functioning after accessing day care services at the Shelter.

The Banyan's diverse projects complement and support each other in servicing multi-faceted client needs. By providing day-care services, vocational training, and an open, supportive environment the shelter at Dooming Kuppam has lent a hand in engaging clients from both the rural and urban mental health programmes at The Banyan. The teams across projects have a never-say-die attitude, and always believe that there is room for improvement - be it with regard to client recovery or service offerings.

A woman with short dark hair, wearing a red and black patterned sari with a teal border, stands with her hands on her hips in front of a large mural of a tree. The tree has a thick yellow trunk, many green leaves, and a dense network of roots. The mural is painted on a light blue wall. To the left and right of the woman are windows with white frames. The top half of the image is partially obscured by a yellow text box.

Rural Mental Health Programme (RMHP) Positive mental health through a wellness paradigm

The Banyan's Rural Mental Health Programme (RMHP) is a community centric initiative that formally began offering services in 2005 as a response to alleviate distress in a community left devastated by the Boxing Day Tsunami in 2004. The programme aims to increase access to mental health care by placing services within communities, and addressing specific rural needs. The RMHP offers inpatient and outpatient services through holistic care packages out of two locations in the Thiruporur block, reaching out to a total population of over two lakh individuals, across 50 panchayats. The programme's critical focus is on addressing the social care needs of persons with mental health issues, across individual, family and community levels.

Over the past year the systematic thrust towards social care was based on our experiences and increasing body of evidence that mental health issues are not stand alone, but complicated by other social phenomena such as homelessness, poverty, lack of livelihood options, gender, and caste. Hence The Banyan has concentrated its efforts on social care across a few themes of crucial importance - facilitating access to housing and other government social entitlements, support for children of parents living with mental illness, day care, and skill development, livelihood and entrepreneurship programmes. This programme has included innovations such as extending our vocational training units into kiosks based out of villages (Sembakkam and Oragadam) to include participation from the community and with the potential to scale into inclusive production cooperatives! Our social care approach therefore tackles several issues simultaneously and builds stronger, healthier and more inclusive communities by fostering resilience and kinship.

We have also worked on innovating our mental health awareness methods in interesting and pertinent ways for our rural communities using methods such as puppetry, dance, and collaborative community art. The culmination of this work was in the form of a Mass Awareness Day in January 2014 where we extended an invitation to everyone in the Kovalam community, as well as our clients, community based workers and volunteers from the surrounding areas. The events included storytelling competition for children, cooking competition of village cuisines, sand sculpting and a puppet show.





"I feel comfortable and safe going to The Banyan for any issue." - An outpatient client at the RMHP

"Seeing how The Banyan helped my wife recover was my main motivation to take up this job. I am old and I find it difficult to travel, but I am doing this to be a part of The Banyan's valuable work and contribute to my community."

- Baadu Shah Ayyah - One of The Banyan's Community Based Workers at Kovalam and a Caregiver



Co-locating mental health
clinics with government systems -
Sembakkam Outpatient Clinic

The Banyan sought permission to co-locate a mental health outpatient clinic out of the Primary Health Centre in Sembakkam, a remote panchayat situated within the Thiruporur block. Permission was finally granted in 2013, and the first outpatient clinic (held every Tuesday) began on 1st October 2013. The weeks preceding it were dedicated to creating awareness about mental health issues and publicizing the service. The RMHP team made announcements at Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS) worksites and found these to be very effective. It was noticed that almost everyone who turned up for MGNREGS work were women. They were feisty and uninhibited. More than a place of work, these MGNREGS work sites seem to be a 'safe space' and a site of agency for these women. A thought-provoking comment from one of the women at the Mailai worksite "mental health problems are like an ocean, there is no end to them." Posters with symptoms and facts related to mental health were also put up in strategic locations such as bus stops, schools, panchayat offices etc. The aim of this publicity campaign was to frame the Sembakkam clinic not from an 'illness' or symptoms perspective but as a safe space for people to come and voice their distress in confidence. The very first clinic had an astounding 18 registrations, several pointing to posters and MGNREGS announcements as their mode of referral, and there has been no looking back since. The clinic currently has over 90 registrations and has established itself as a service provider in the community.



Breaking barriers by
fostering personal recovery



Recovery for Govindammal has been like starting a new life; the extroverted teenager before the onset of her illness, is now a quiet, reserved woman in her 40s, calculating every word that she utters in fear of “what people might think.” Govindammal's 17 year old daughter is embarrassed of her mother and refuses to engage with her despite several attempts. Govindammal's story highlights the subtle, untold, everyday realities of a life of and recovery from mental illness; overcoming a deeply embedded community perception seems more challenging than overcoming the illness itself. Once an unknowingly public figure open to all kinds of negative public attention and comment, Govindammal now just craves solitude and the independent, self-sustaining adult life that she never had the chance to experience.

At the age of 16, Govindammal was married against her wishes and her mother remembers the onset of her illness coinciding with this incident. For the past 15 years, she had been a fixture in the Thiruporur taluk, an unfortunate local celebrity of sorts. Originally from Sembakkam, she was known to wander across several villages, regularly walking from her village to Mahabalipuram and back—a distance of 60 km. “Everyone knows Govindammal!”, proclaimed a group of women from all over the taluk when asked if they had heard about her.

When The Banyan's outpatient clinic at Sembakkam started in October 2013, the team was told about Govindammal and she was brought to the clinic on the first OP day by her aunt. Local community members and well-wishers dragged the reluctant Govindammal into the clinic by her hair and when asked by The Banyan staff to not use force, replied with an entirely well-meaning “but how else will this mad woman finally get better?”

Due to the complexity and severity of her illness, it was deemed that Govindammal required urgent in-patient care and she was subsequently admitted to the Transit Care Centre, where she stayed for 12 weeks. During this period, family members regularly visited her and her recovery was steady

and fast. Govindammal, today earns some money by cleaning the Sembakkam OP premises every week on clinic day. Discussions to recruit Govindammal as a community based worker have commenced and she will join the next batch of training. Taking forward the message of positive mental health with her story in the background will be an empowering exercise for Govindammal and the community.

She is eager to find a relationship with her daughter, find a job to create a space for herself independent of her understandably overjoyed and smothering mother and to erase all memories of her former self. She understands that her illness is part of her past but is keen to move forward with her life despite the various obstacles. Her story is testament to the fact that simply a reduction of symptoms does not suffice to attain wellness and holistic recovery in mental health; regular case manager contact for Govindammal has been essential in helping her navigate through the complex interpersonal aspects of her new life and in facilitating her social care needs. .

For the larger community and for mental health promotion in the region, Govindammal's recovery has had a positive impact of unprecedented proportions. For communities around Sembakkam, Govindammal had been their only point of reference to mental illness and hearing the story of her treatment and recovery spurred a stark increase in individuals seeking help for mental health issues and helped break stereotypes about persons with mental illnesses.

For The Banyan, Govindammal's veritable success story has created awareness in unexpected ways and has legitimized the treatability of mental health issues in these areas leading to a steady increase of new client registrations every month at the Sembakkam OP; “go see them, they are the people that treated Govindammal!”



The NALAM Approach

The Banyan's NALAM project is a multi-interventional model that approaches mental health from a wellness perspective; more specifically, it seeks to recognize that mental health is not only a medical but a social phenomenon and that good mental health is facilitated and enhanced by one's positive development in other domains of their life. Skilled community workers will be screened and trained from across the Thiruporur block to systematically address key areas of distress in their communities. They will

operate out of NALAM centres and will provide skills development programmes, informal support groups, counselling, medical assistance and other forms of social prescribing. The aim of this project is to universalize the access to mental health care through a broader distress focussed point of entry and monitor whether a more decentralized, accessible community based approach could result in better mental health and well-being outcomes.



Panchayat Fact Sheet

The formative research phase of NALAM had the BALM and RMHP teams travelling through the length and breadth of the Thiruporur taluk to gain a more in-depth understanding of our catchment area. From the IT industry-fueled wealthy Panchayats in the north to the remote forest area Panchayats in the south, there is an incredible amount of heterogeneity for an expanse stretching no more than 60 km, in terms of the nature of poverty, types of livelihoods and access to facilities.

DID YOU KNOW?

The largest Panchayat in the block, Manamathy, is made up of 11 villages and has a population of approximately 20,000 but their closest health facility is 10 km away in either Thiruporur or Sembakkam.

DID YOU KNOW?

The Panchayat of Siruseri is home to one of the largest IT parks in the city but what immediately struck the team upon visiting the households is the stark inequities despite this large influx of wealth.

DID YOU KNOW?

Tucked away in a dried up river bed in the Panchayat of Thandarai is a Tribal Medicinal Herbs Cooperative that attracts visitors from across the region for its natural treatments and rare plants.



The Pillars of The Banyan: Health Care Workers (HCWs)

The health care workers are undeniably the backbone of the organization. These are skilled, passionate, intrinsically motivated, and kind women who work tirelessly with our residents to help them navigate through the challenges of managing their illness and achieve their own subjective notions of wellness and recovery. The health care workers are our finest repositories of client information, knowing every detail about their clients from their prescriptions and family histories to their likes and dislikes and personality quirks. They are extremely invested in the wellbeing of their clients and feel a deep sense of pride towards the responsibilities of their job and the accomplishments of their clients. Despite the complexities associated with working in the field of mental

health and homelessness the health care workers bring in a sense of ease and lightness to the residents and staff at The Banyan.

Senior Health Care Worker, Lalitha has been with The Banyan since 2004 and at RMHP, Kovalam since 2007 and is invaluable to project functioning. Working with clients for Lalitha is “deeply relaxing for my mind” and this comes through in the unparalleled attentiveness and empathy that she continuously displays in her interactions. Ten years on the job and she is still abundant with innovative and eclectic ideas to improve her clients' quality of life. Lalitha's difficult personal experiences have also brought forward an innate resilience that is an inspiration to her clients and co-workers alike.



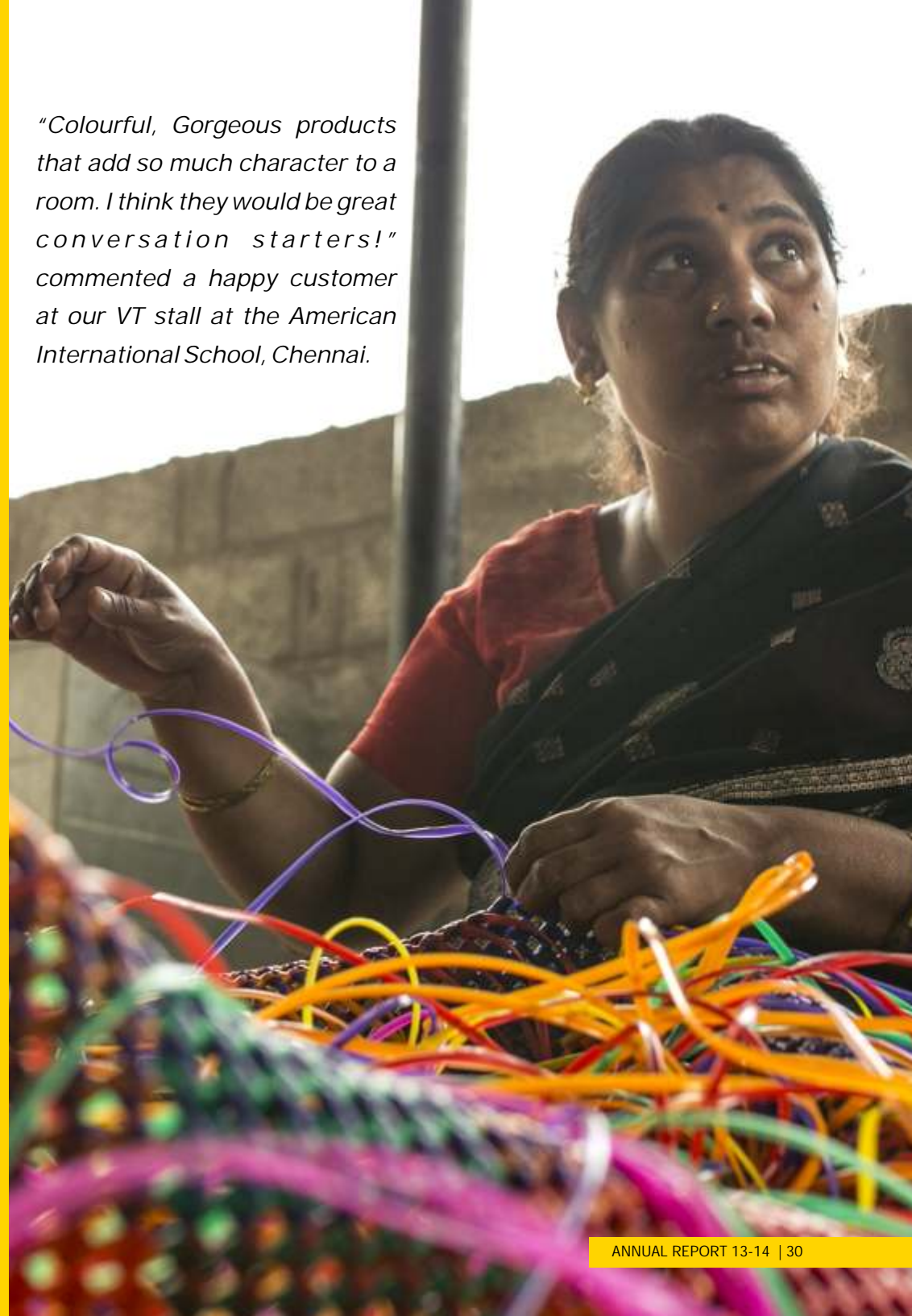
Vocational Training Unit:
A strategy to promote self reliance,
financial stability and independence

The Banyan Vocational Training (VT) Unit has been a mainstay of our model since the early days. The aim is and has been to provide a range of therapeutic/skill-building activities (block printing, embroidery, jewellery making etc) to keep clients active during the day but the quality of products produced have helped them gain a market of their own! The Banyan's products are currently retailed at several prominent locations across the city, including DakshinaChitra - a heritage museum, the Victoria Technical Institute (VTI), and Shilpi. In addition to this, The Banyan VT Unit also has pop-up stalls at various corporate and community events.

In the past year, the RMHP vocational training unit started a range of neon wire woven products that have been extremely popular. The process of basket weaving has emerged as an enjoyable activity for clients as it is suitable for all levels of functionality. This indigenous village art form of woven wire baskets has been revamped by the design team to make sling bags, clutches, laundry baskets and shopping bags that have the novelty and utility to capture the interest of customers of all ages.

"Its so nice to see smiling faces at these stalls, with people who are eager to meet you, and passionate about their work. This is the kind of enterprise that should gain prominence soon. Not only is it value for money, but the products are also beautiful, and the finish is great. I would love to buy more." - VT Stall at AISC - Parent at the school

"Colourful, Gorgeous products that add so much character to a room. I think they would be great conversation starters!" commented a happy customer at our VT stall at the American International School, Chennai.





The Banyan Experience at Pratibimb

The Rangoonwala Foundation India Trust has long been supporters and partners of The Banyan with the common goal of bringing dignity and fulfillment to the lives of the afflicted. One such endeavour of the Trust is the exhibition 'Pratibimb' conducted in Mumbai showcasing the work produced by various NGOs and organizations with the same goal. Every year 'Pratibimb' provides a platform in the form of an exhibition/sale to showcase the talent and application of our clients in producing various quality products. This year, the exhibition was held between 4th and the 7th of February at the Sundarbai Hall in Mumbai. We had a total sales of INR 77,770. The products from The Banyan stall received a lot of appreciation from members of RF(I)T, other NGOs and the customers themselves. We brought in a lot of unique and unusual items including wire bags, South Indian style costume jewelry, and wrap-around skirts that were very popular with the shoppers.

We also had the chance to interact with the other NGOs and look at their wares and get ideas for our own. Sagayamary, a social worker conducted a formal session for a group of students on The Banyan where they were able to ask questions and discuss our approach. Anu, our star block printer, now a trainer and a former resident of The Banyan and Sagayamary were also interviewed for a video shot by RF(I)T on the experience and learning obtained from 'Pratibimb' and The Banyan in general. Anu spoke about how it had taught her marketing and sales related skills and significantly increased her confidence.



Earlier this year, the co-ordinator of the Kovalam Health Centre, Sagaya Mary began an initiative to offer the children of The Banyan after school tuitions before their exams. Within a few weeks, our children were bringing in their friends, community parents were sending their children and soon we had a group of twenty-two kids between the ages of 4 and 16! Many residents who had previously been teachers or were interested in working with children started participating in the programme as well -- a positive step in their recovery process and towards breaking down cultural barriers through the incredible medium of children!





Children at The Banyan -
Infusing joy and shattering myths

The children at The Banyan's Health Centre in Kovalam are a joy to be with. They are the children of persons with mental health issues. The Health Centre is their home, hospital, after school tuition centre, summer camp and playground. They have been organically sensitized to engage with the complex nature of mental illnesses and the issues that surround it through their interactions with their mothers, neighbours, housemates, and other residents. Despite the out-of-the-ordinary circumstances of their childhood, these children have proved to be resolute, strong, well-adjusted individuals and impress us each and every day with their compassion and indomitable spirit.

12-year old Ibrahim is a star at the Health Centre; he speaks four languages flawlessly, dances like a dream, and is an all-round charmer. Ibrahim came to The Banyan in 2011, with his mother Salma and grandmother Mishti. Salma had gone through the Banyan's Transit Care Centre once before, but was brought back here when her symptoms resurfaced. Since their arrival, Mishti, Ibrahim, and Salma have been absorbed into the Banyan Family in Kovalam. Mishti currently works as a housekeeper, gardener and cook at the Community Living Project. Salma stays in the Kovalam Health Centers inpatient unit or, when her condition gets worse, at Adaikalam. Ibrahim lives with his grandmother in a shared housing facility in the community, and attends the local English language school. Ibrahim's favourite subjects are Maths, because he enjoys solving problems, and Hindi because in his words "it's my mother tongue so I'm always the best in class!"

13-year old Sulaiman from the Kovalam community feels a deep personal connection to The Banyan. He remembers the centre being built when he was 4 years old; "a madam saw me standing outside staring at the construction site and asked me my name. She said I could come here every day if I wanted and so I did. All the residents spoke really well to them and I spoke well to them too. Now everyone has become my friend." Sulaiman has dyslexia, which makes

academics challenging for him but he has an unbounded enthusiasm to learn.

From 3 year old Abi to 16 year old Preethi, all these children are an irreplaceable part of the tight-knit Kovalam family. They have the ability to light up the Health Centre and bring smiles to the faces of residents and staff in a way that only children can.

This year, The Banyan Children's Education Fund was instituted in the name of the late Mrs.SaraswathyRamachandran by Mr. Kris Ramachandran to sponsor the education of these children until they graduate. Education for them, is and has been especially significant as it is their primary pathway to leading independent, autonomous lives and to achieving their potential. Towards this endeavour, a structured Akka-Anna (big sister-big brother in Tamil) mentorship programme has also been initiated where each member of staff volunteers in spending time with and serving as a positive role model for one child.



The Banyan - Future Direction



The Banyan

In the last year, mental health has emerged as a pressing global health challenge to address, but most countries use less than 1% of their total budget on healthcare towards mental health. In India, most funding channeled towards mental health is for institutionalised care services, and the lack of convergence between different key stakeholders and approaches compromise the access to and quality of care, especially for vulnerable populations. There is a critical need for an organised approach to comprehensively address converging issues of homelessness, mental health and poverty in a sustainable manner.

As an established organisation with two decades of experience The Banyan, is perfectly poised to take on this challenge, and innovate models to address it through various strategies mentioned below:

Engaging in critical inquiry and research across the themes of mental health, poverty, homelessness, leadership and policy to understand, document and disseminate the complex nature of problems faced, and potential solutions to solve them. Research will feed into existing programmes and models to constantly innovate and improve service delivery platforms.

Engaging in active stakeholder networking across the country to build partnerships through replication

Engaging in active stakeholder networking across the country to build partnerships through replication in a contextualized fashion to provide increased access to quality mental health care. All of The Banyan's projects have proven to be cost effective, resource efficient, and culturally neutral models that have a high potential to scale across both national and international contexts, and significantly bridge the treatment gap in lower and middle income countries.

Creating a cadre of highly skilled mental health and development professionals through the Institute of Mental Health Social Sciences and Transdisciplinary Research (IMHST) trained to think critically, understand the nuances of the challenging problems faced in the sector today, and most importantly hold empathy, equity and responsiveness as essential values.

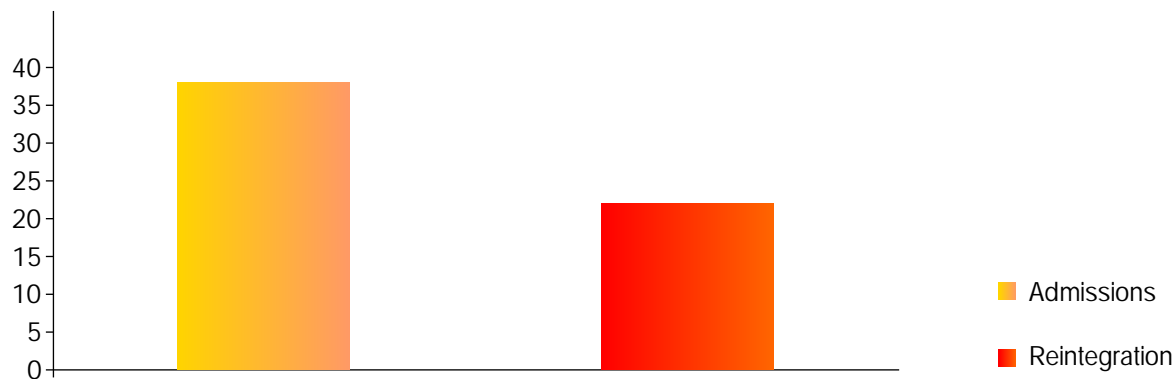
Evolving policy directions to address persistent and complex barriers to care that further exacerbate mental health issues, such as rural poverty and lack of access to appropriate social support services.

Trends at a glance

Outreach April 2013 to March 2014 (RMHP)

Month	Footfalls	New Clients	Home Visits	In Patients	Day Care	Social Care
April	290	17	55	14	8	4
May	270	17	38	16	17	2
June	274	5	82	12	7	4
July	294	15	86	13	1	7
August	306	15	70	12	1	7
September	277	10	25	10	11	6
October	319	44	41	18	4	28
November	246	28	114	3	4	0
December	324	45	77	5	11	4
January	267	21	74	13	5	0
February	275	26	90	7	7	0
March	315	37	79	0	7	2

Outreach April 2013 to March 2014 (UMHP)



Urban Mental Health Programme (Clinics & Shelter)

Month	Footfalls	New Clients	Home Visits	In Patients	Day Care	Clients at Shelter
April	238	18	75	14	18	29
May	280	27	25	16	18	26
June	248	24	26	12	18	26
July	244	24	29	13	21	25
August	303	33	62	12	21	25
September	222	18	57	10	20	24
October	313	30	69	18	17	26
November	270	36	84	3	20	23
December	288	42	79	5	21	21
January	322	33	98	13	18	22
February	283	33	132	7	17	20
March	332	55	69	0	19	28

Urban Mental Health Programme (Clinics & Shelter)

Month	Clients at Community Living	Shared housing	Assisted living	Accessed VT	Employment
April	59	18	0	64	10
May	61	15	0	64	10
June	62	15	0	64	10
July	56	15	0	64	10
August	54	15	0	64	10
September	52	15	0	64	10
October	58	15	22	55	10
November	0	15	22	35	20
December	0	15	22	35	20
January	0	15	22	33	19
February	0	15	22	30	19
March	0	15	22	33	19

With Thanks

Name	Amount	Name	Amount
Breadsticks Foundation	7172183	Charities Aid Foundation (CAF)	243124
Navajbai Ratan Tata Trust	5500000	Pudhu Vaazhvu Project	155550
VU-VUMN Foundation	4920728	Madras Round Table No.1 Charitable Trust	150000
Friends of the Banyan USA	4141040	IBM India Pvt Ltd	150000
Grand Challenges Canada	3635106	Renu Weiss	121500
Tonga Suedhi (Mr. Udo)	2375863	Rane Brake Lining Limited	120000
SWADHAR	1645440	The Madhuram Narayanan Charitable Trust	120000
Rangoonwala Foundation (I) Ltd	1512000	Antony Aruldoss	100000
Chennai Willingdon Corporate Foundation	1400000	Bijoy Paulose	100000
SPI Cinemas	1204235	Hello Telecom Pvt Ltd	100000
Zurich Community Trust	1200717	Rane Foundation	100000
ARR Charitable Trust	1200000	Ravi. G	100000
VS & B Domestic Container Solutions Pvt. Ltd	1200000	Subhsh Chandra Goel . R	97500
HCL Technologies Foundation	900000	Padmaja Systems & Padmaja Inc	90000
Give India	806663	EL Shaddai Christian Foundation	62000
Anna Nagar Times	758700	Gautam Kumar	60000
B M W India Pvt Ltd	750000	White Planet Fitness Private Limited	60000
T G G Raman	500000	Nirmaladevi . A	55200
Pirojsha Godrej Foundation	500000	Scott A weiss	50001
A R Foundation	500000	Indian Individuals	4263892
V S Pradeep	390000	Indian Institutions	496774
Golden Homes pvt.Ltd	400000	Foreign Individuals	398526
Balraj Vasudevan	360000	Foreign Institutions	62646
Corporation of Chennai	345000		
AVM Charitable Trust	300000		
Lakshman L	250000		
		TOTAL	51124386.8

Governance Details

The Banyan is committed to the principle of transparency. We believe that it is important to report clearly how we operate and in particular how we utilize the money that we receive. To promote this we subscribe to the transparency and credibility norms as laid out by the Credibility Alliance and are proud to be a member of this body. For more details about the work of the Credibility Alliance, please refer to their website – www.credall.org.in

Salary Details

Slab of gross salary (in Rs) plus benefits paid to staff (per month)	Male staff	Female staff	Total staff
Less than 5000	0	15	15
5,000 - 10,000	9	78	87
10,000 – 25,000	13	22	35
25,000 – 50,000	3	5	8
1,00,000 and above	1	0	1

Total annual payments made to consultants (In Rs)	Number of consultants
Less than 5000	4
5,000 - 10,000	5
10,000 – 25,000	0
25,000 – 50,000	0
50,000 – 1,00,000	0

Head of the organisation: (including honorarium) Rs. 913500 per year

Highest paid person in the organization (staff or consultant): Rs. 913500 per year

Lowest paid person in the organization (staff or consultant): Rs.63000 per year

Travel Details

Total cost of National Travel by Board members / staff / Volunteers on behalf of the organisation for 2013 – 14 is Rs 1,66,246.00

Total cost of International Travel by Board members / staff / Volunteers on behalf of the organisation for 2013 – 14 is Rs. 1,38,000.00 (Dr. Kishore attended the partners meeting at Brazil)

Board of Trustees Meeting 2013-14

Date	Attendance
8th June 2013	6/12
10th August 2013	7/12
14th December 2013	8/13
15th March 2014	7/13

The remuneration and reimbursement for all board members is zero for the FY 2013 - 14

Fact Sheet

Nature of the organization

A secular Indian Registration Public Charitable Trust reaching out to the marginalised sections of society

Trust Registration Details

No. 1589/4, Year of Establishment – 1993, Place – Chennai

Board of Trustees

*Ms. Vandana Gopikumar – Founder Trustee

Ms. Vaishnavi Jayakumar – Founder Trustee

Mr. Sankara Narayanan – Chairperson

Mr. Balraj Vasudevan [MD, Autopumps & Bearing Co.P Ltd] – Treasurer

Mrs. Madhuri Menon [Consultant – HR] – Trustee

*Mr. Senthil Kumar [Director, Real Image Media Technologies Private Limited] – Trustee

Ms. Sujatha Paulose [MD, V S & B Containers] – Trustee

Mr. Amarnath Ready [MD, Shoetek Agencies] – Trustee

Mr. K.C. Mohan [Retd] – Trustee

Mr.L. Lakshman [Executive Chairman, M/s. Rane Break Linings Ltd.] – Trustee

Mr. P.S. Raman [Advocate] – Trustee

Mr. V.S. Pradeep, MD, Cholayil Group - Trustee

Ms. Arathi Krishna, MD, Sundram Fasteners Ltd - Trustee

-(*) Note that Ms Vandana is married to Mr Senthil

Bank Accounts

Axis Bank – Anna Nagar Baranch
016010100372572 Rangoonwala
016010100457002 VT
016010100458795 NIN

Axis Bank – Madipakkam Branch
0287104000117616
909010038293721 FCRA

ICICI Bank – Anna Nagar Branch
602701202072 Corpus
602701209343 Recurring
602701223975 NRTT
032901000114 Spiceroute

ICICI Grameena Bank – Krishnan Karanai Branch
083010100136983 Recurring
602705038223

Registrations

Permanent Account Number(PAN)/GIR No:- AAATT0468K

Donations are tax exempt under Section 80 (G) of the Income Tax Act
Registered u/s 12A, Application No: 291/93-93 dated 8/12/1993

Donations are tax exempt under Section 35(AC) of the Income Tax Act.
Notification No: 630(E) dated 12.03.2013

FCRA Registration No: 075900624, dated April 1998

This sanctions The Banyan to receive donation in a foreign currency.

Auditor

Mr. Viji Joseph, Chartered Accountant
G Joseph & Co, Chennai – 600 031

Internal Auditor

SPR & Co., Chartered accountants
Chennai 600 086

SBI – Anna Nagar Baranch
10408452644 Recurring
10408452859 Building Fund
10408453115 Swadhar

IDBI – Kilpauk Branch
039505006394

Kotak Mahindra Bank
Anna Nagar Branch
6011155791 - FC
6011155807
6011291253 - HCL



FINANCIAL STATEMENT 2013 - 14

Balance Sheet

BALANCE SHEET AS ON MARCH 31 , 2014

LIABILITIES	SCHEDULE NO	AMOUNT (Rs)	AMOUNT (Rs)
		AS ON 31.03.13	AS ON 31.03.14
General Fund	1	27412874.9	43987878.53
Corpus Fund		19468322.32	8151146.32
Secured Loan	2	1071262	0.00
TOTAL		47952459.25	52139024.85
ASSETS			
Fixed Assets	3	29315794.33	29315794.33
CURRENT ASSETS , LOANS & ADVANCES			
Deposits	4	529911.00	585911.00
Other Current Assets	5	2065955.19	2236915.19
Balance in Scheduled Banks & Cash-in-hand	6	24971545.23	19729767.44
TOTAL (A)		27567411.42	22552593.63
Less : Current Liabilities	7	8930746.50	6816980.00
TOTAL (B)			
Net Current Assets [(A) - (B)]		18636664.92	15735613.63
TOTAL		47952459.25	52139024.85

[Schedules 1 to 7 and Notes in Schedule 17 form a part of this Balance Sheet]

For THE BANYAN

For G . JOSEPH & CO . ,
CHARTERED ACCOUNTANTS .

BALRAJ VASUDEVAN
HONORARY TREASURER

VIJI JOSEPH .
PARTNER .
(Membership No : 027151)

PLACE : CHENNAI
DATE : June21 , 2014

Receipts & Payments

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED MARCH 31 , 2014

PARTICULARS	AMOUNT (Rs)	
	Year Ended 31.03.2014	
RECEIPTS		
Opening Balances :-		
Cash in Hand	8885.00	
Axis Bank - 016010100372572 Rangoonwala	133978.72	
Axis Bank - 083010100136983 Rec	1220508.24	
Axis Bank - 909010038293721 FCRA	1314776.88	
ICICI Bank - 602701202072 Corpus	97336.99	
ICICI Bank - 602701209343 Rec	461151.54	
ICICI Bank - 602701203946 NRTT	2140426.00	
ICICI A/c 032901000114	13548.08	
ICICI A/c 602705038223	29348.89	
IDBI Bank -0287104000117616	1004025.00	
Kotak Mahindra Bank - 6011155807	386632.00	
Kotak Mahindra Bank - 6011155791 (F C)	755670.00	
Kotak Mahindra Bank - 6011291253	100422.00	
SBI - 10408452644 Rec	52954.99	
SBI - 10408452859 Building Fund	18019.24	
SBI - 10408453115 Swadhar	323484.01	8061167.58

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED MARCH 31 , 2014

PARTICULARS	AMOUNT (Rs)	
	Year Ended 31.03.2014	
RECEIPTS		
Corpus Fund received		1032824.00
Sale of Fixed Assets		43000.00
Donations & Programme Receipts		52181942.80
Interest Income		1424237.80
Other Income		136019.00
Interest Suspense		1867.00
Fixed Deposit Maturity		14277252.50
Rent Deposit Recovery		189000.00
Increase in Outstanding Liabilities		855195.00
Loans & Advances		20481.00
Total		78222986.68

Receipts & Payments

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED MARCH 31 , 2014

PARTICULARS	AMOUNT (Rs)	
	Year Ended 31.03.2014	
PAYMENTS		
Transit care project expenses		23678562.00
Kovalam CMHP project expenses		7273621.36
Kovalam P C project expenses		4535058.00
Urban outreach project expenses		4705499.02
Aftercare / Rehab.project expenses		1390479.98
Administrative Expenses		1856531.09
Assets Maintenance		3868399.00
Fund Raising & Communication		1416138.94
Research and Training		1182877.00
Pudhu Vaazhvu Project		186197.00
Decrease in Sundry Creditors		206674.00
Purchase of Fixed Assets		10510045.00
Rent Deposit Given		245000.00
Vehicles loan		71262.00
Closing Balances :-		
Cash in Hand	82599.00	
Axis Bank - 016010100372572 Rangoonwala	56951.67	

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED MARCH 31 , 2014

PARTICULARS	AMOUNT (Rs)	
	Year Ended 31.03.2014	
PAYMENTS		
Axis Bank - 083010100136983 Rec	453263.24	
Axis Bank - 909010038293721 FCRA	4490637.38	
ICICI Bank - 602701202072 Corpus	1053386.99	
ICICI Bank - 602701209343 Rec	636844.54	
ICICI Bank - 602701203946 NRTT	1524338.00	
ICICI A/c 032901000114	14568.08	
ICICI A/c 602705038223	29348.89	
IDBI Bank -0287104000117616	3807459.00	
Kotak Mahindra Bank - 6011155791 (F C)	4057069.28	
Kotak Mahindra Bank - 6011155807	722116.98	
Kotak Mahindra Bank - 6011291253	54999.00	
SBI - 10408452644 Rec	50246.99	
SBI - 10408452859 Building Fund	18826.24	
SBI - 10408453115 Swadhar	43987.01	
		17096642.29
Total		78222986.68

Income & Expenditure

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED MARCH 31 , 2013

PARTICULARS	SCHEDULE	AMOUNT (Rs)
	NO	Year Ended 31.03.14
INCOME		
Donation and Programme Receipts	8	55934124.80
Interest Income		1617545.80
Sundry Creditors Written Off		289848.50
Other Income		136019.00
TOTAL (A)		57977538.10
Transit care project expenses	9	23891799.00
Kovalam CMHP project expenses	10	7305708.36
Kovalam P C project expenses	11	4504390.00
Urban outreach project expenses	12	4758955.02
Aftercare / Rehab.project expenses	13	1394583.98
Administrative Expenses	14	1860980.09
Assets Maintenance	15	7247827.11
Fund Raising & Communication	16	1419216.94
Research and Training	17	1182877.00
Pudhu Vaazhvu Project		186197.00
TOTAL (B)		53752534.50
EXCESS OF INCOME OVER EXPENDITURE [(A) - (B) = C]		4225003.60

[Schedules 8 to 17 and Notes in Schedule 18 form a part of this Income and Expenditure Account]

Audit Report

To

The Banyan

6th Main Road, Mogappair ERI Scheme,

Mogappair West,

Chennai 600 037.

We have audited the attached Balance sheet of The Banyan as on March 31, 2013 and also the Income and Expenditure account for the year ended on that date annexed thereto. These financial statements are the responsibility of the Management. Our responsibility is to express an opinion on these financial statements based on our audit.

We have conducted our audit in accordance with auditing standards generally accepted in India. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examination, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statements' presentation. We believe that our audit provides a reasonable basis for our opinion.

Further to our comments above and the notes on accounts annexed hereto, we report that :

1. We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of our audit;
2. In our opinion, proper books of accounts have been kept by the organisation in so far as it appears from our examination of these books;
3. The balance sheet, income and expenditure and the receipts and payments account referred to in this report are in agreement with the books of accounts.
4. In our opinion and to the best of our knowledge and information and according to the explanations given to us the said balance sheet and the income and expenditure account subject to the notes on accounts attached hereto give a true and fair view
 - (i) in so far as it relates to the Balance Sheet, of the state of affairs as on March 31, 2014
 - and
 - (ii) in so far as it relates to the Income and Expenditure account of the excess of income over expenditure for the year ended on March 31, 2014.

For G . JOSEPH & CO .,
CHARTERED ACCOUNTANTS .

VIJI JOSEPH .
PARTNER .
(Membership No : 027151)
FRN : 001383S

PLACE : CHENNAI

DATE : June 21 , 2014

Credits

We Thank

Our partners, donors, residents, care givers, volunteers and well wishers for the generous support they have offered us over the years.

Credits

Content : The Banyan Team

Photographs : Arun Titan

The Banyan

Concepts & design : John, Dreams Creative

Printed at : Lokavani - Hall Mark Press Pvt Ltd

Resident's consent has been sought to share stories and pictures.



THE BANYAN

6th Main Road, Mogapair Eri Scheme,
Mogapair West, Chennai - 600 037

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www.thebanyan.org